

12 Basic
Values
of Peace

سلام
PEACE
generation

12 BASIC VALUES OF PEACE

International
Module



**Erik Lincoln
& Irfan Amalee**

Peace Generation
International Module
English Version

An expanded international edition of the original Peace Generation modules developed by Irfan Amalee and Eric Lincoln

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Universal Declaration of Human Rights

Article 6:

Everyone has the right to freedom of opinion and expression; this right includes the freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.

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1 HAPPY BEING ME



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INTRODUCTION

In a Nutshell

Every person is a unique creation and is very valuable.

However,
each one of us has strengths and weaknesses.



Universal Declaration of
Human Rights
Article 6:

**Everyone has the
right to
recognition
everywhere as a
person before
the law.**




SCRIPT



ACT

Let's play the game of finding identity, follow the instructions of the facilitator!



Put the  on your identity

	Tall	Short
	Thin	Fat
	Native	Non-native
Religious Affiliation (-----)		Religious affiliation (-----)
	Diligent	Lazy
	State University	Private University
	Moderate	Extreme
Favorite Football Club (-----)		Favorite Football Club (-----)
	Dark Skin	Light Skin
	Long Nose	Flat Nose
	Good	Bad
	Old	Young
	Single	Couple

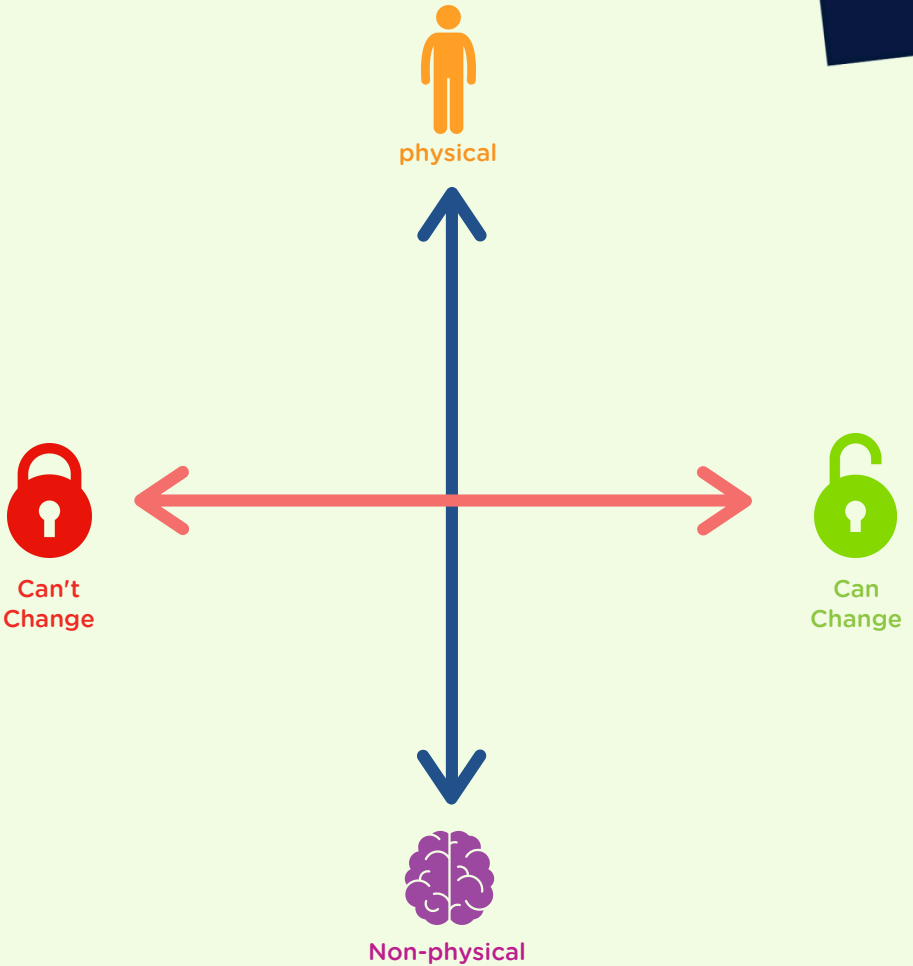
From the identities above, make a ranking of which ones are most important...

- #1.....
- #2.....
- #3.....
- #4.....
- #5.....

1. How many identities do you have?
2. How many times have you moved?
3. Are you always with people with the same identity?



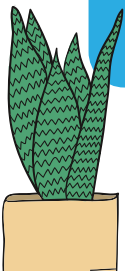
Write down 6 characteristics in the paper squares below:
3 physical and 3 non-physical. Think carefully about whether they can be changed or not.





REFLECT

1. Which of the four areas do you pay the most attention to?
2. Which area is most important for your life?
3. Which characteristics make you happy?
4. Which characteristics make you sad or discouraged?





CONCEPTUALIZE

1

We need to really understand that none of us is a mistake! We have been created for different tasks. So, we should be thankful.



2

In fact, each of us has been created with different characteristics. Some of these characteristics are physical and others are non-physical. These characteristics are the basis of our strengths and weaknesses.

We have been given an opportunity to use our strengths to bless other people and also to be blessed by others in areas where we are weaker.



3

Every one of us must learn to change the things that should be changed and accept the things that we can't do anything about.

I think I need surgery

I think I need surgery too, but on my self confidence



4

We need to look at ourselves fairly.

We shouldn't think too highly of ourselves, believing that we are better than others. That can make us proud and cause us to look down on others.

Who wants a friend who thinks he or she is better than everyone else?



5

But, we also shouldn't think of ourselves too lowly!

Being insecure isn't balanced either.

When we think like this, it can make it difficult to have good friendships.

Opik, every person has strengths and weaknesses.

Yeah, but it seems that I have a lot more weaknesses, Eric. Everyone teases me. It's embarrassing!



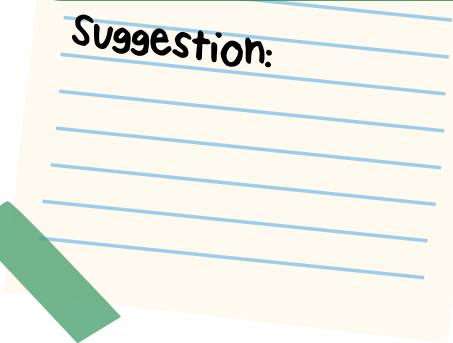
APPLY



They all come from different places, but like us, they have their own strengths and weaknesses. You must hear someone's thoughts before you know them. Read what each person thinks about themselves and give them some advice.



Dear Peace Gen,
I'm Opik. I like having lots of friends, but I often feel insecure because I think I'm fat. Can you help me?
Thank you for your input.
- Opik



Hi..
I've been branded "the Math Teacher's Pet"! I don't know if my classmates want to be my friend just because they want to copy my homework!
- Linda



Hi PeaceGen
I am Eric and I am
an American.
I like to create lots of stuff,
but sometimes I get
frustrated and impatient. My
friends often just want to do
things for me.
I might be in a wheelchair, but
I'm not useless! They just
don't understand me.
It's tough, hey?

Suggestion:



Hello, I'm Mara.

Often people mistake where I come from. They think my accent sounds weird or say that my family lives in the jungle. They always laugh at me and tease me when I say something. Please help me.

- Mara



Suggestion:

Hand-drawn lined paper with a yellow sticky tab at the bottom left corner. The paper is blank except for the 'Suggestion:' label.

Hi Peace Gen!

I'm Trey. My friends say that I get angry too quickly, but really, I don't. I just want to defend my buddies when they get teased by others. Someone has to protect them, right? If I ignore what's happening, they just keep on getting teased. Actually, I have beaten up a few guys, heh, heh. Peace, friends.



Suggestion:

Hand-drawn lined paper with a yellow sticky tab at the bottom right corner. The paper is blank except for the 'Suggestion:' label.

Choose 3 family members and write
down a strength for each one



Declaration

We understand that everyone has value!

We recognize we all have some characteristics that cannot change and others that can change.

We will let others help us in our weaknesses. We choose to use our strengths to help others.



Friendship Tips #1

If you want your friendships to be amazing, don't ask what your friends can do for you, but **what you can do for them.**



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OVERCOMING PREJUDICE



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